



# Sacred Heart Catholic Church

Diocese of Tyler  
2508 Appleby Sand Road · Nacogdoches, Texas 75965

**Office:** (936) 564 7807

**Website:** [www.sacredheartnac.org](http://www.sacredheartnac.org)

*“Bringing the Eucharistic Lord to all people by living the gospel message”*

## Pastor

Very Rev. Christopher Ruggles, JCL, VF,

PASTOR & DEAN  
[fruggles@gmail.com](mailto:fruggles@gmail.com)

## Parochial Vicar

Rev. John Henao, STL  
[fr.jhenao@gmail.com](mailto:fr.jhenao@gmail.com)

## Office Administrator

Gricelda Monreal  
[shofficenac@gmail.com](mailto:shofficenac@gmail.com)

## Deacons

Dcn. Luis Baca                      Dcn. Gary Giese  
Dcn. John Shaffer                  Dcn. Tony Weatherford

## Office Extensions

Fr. Ruggles: 106  
Fr. John: 103  
Gricelda: 101  
Kathy: 102  
Dcn. Gary: 104

## St. Patrick's School

(936) 634 6719



## Mass Schedule

Sunday 8:30 AM & 10:30 AM (Church)  
Sunday 12:15 PM– Spanish- (Church)  
Monday, Tuesday, Wednesday 6:00 PM (Chapel)  
Thursday 7:00 AM (Chapel)  
Thursday 6:00 PM –Spanish- (Church)  
Friday 7:00 AM (Mother Church)  
Saturday 5:00 PM (Church)

## Sacrament of Reconciliation

Saturdays, 4:15 to 4:45 PM  
Following Weekday Masses Or by Appointment

## Adoration of the Most Blessed Sacrament

The First Friday of Each Month (Mother Church)  
Adoration: 7:30 AM—12:30 PM  
Mass at 7:00 AM & 6:00 PM

## The Alliance of the Two Hearts Communion of Reparation Vigil

The First Friday Devotion to the Sacred Heart of Jesus  
The First Saturday Devotion to the Immaculate Heart of Mary

## Palm Sunday of the Passion of the Lord: April 9, 2017

### Mass Schedule & Intentions for the Week

SATURDAY, April 8

5:00 P.M.: Pro Populo for the People

SUNDAY, April 9

8:30 A.M.: Our Country

10:30 A.M.: †Millie Overbeck

12:15 P.M.: Spanish: †Ma. Getrudes Cruz  
Spec. Int. Ma. Rosa Medrano

MONDAY, April 10

6:00 P.M.: Spec. Int. Peggy Coussons—  
Birthday

TUESDAY, April 11

6:00 P.M.: † Lelia C. Viray

WEDNESDAY, April 12

6:00 P.M.: Spec. Int. Cathy Woods

THURSDAY, April 13

7:00 A.M.: Spec. Int. Mathew Mocniak

6:00 P.M.: Spanish:

FRIDAY, April 14

7:00 A.M.: † Theresa Ho Thi Nguyen

SATURDAY, April 15

5:00 P.M.: Spec. Int. Phyllis Wilson—  
Birthday

SUNDAY, April 16

8:30 A.M.: † Ricardo Ortega

10:30 A.M.: † Billy Cordova, Sr.

12:15 P.M.: Spanish: Pro Populo for the  
People

### Weekly Offering

#### Second Collections for April

April Donations for Easter

April 2nd: Building & Renovations Fund

April 9th: St. Patrick's School

April 14th: Holy Land (Good Friday)

April 16th: Seminarian Spec. Collection -Easter Sunday

April 23rd: Catholic Home Missions

### April- Child Abuse Prevention Month

April is national Child Abuse Prevention Month, a time to recognize that we each can play a part in promoting the social and emotional well-being of children and families in our communities.

The Catholic Church is a leader in abuse prevention programs and procedures, so that we may protect our most valuable gift from God—our children.

For information on how you can become more informed and involved in keeping our children safe, visit [www.dioceseoftyler.org](http://www.dioceseoftyler.org) or call Maria Flores at 903-534-1077 ext. 188.

### Please Pray for those who are ill :

Arnold Gilbert  
Charlotte Turner  
Judd McNett  
Ronnie Barra  
Margaret McClinton  
Delores Jones

### Please pray for the repose of the souls of :

† Millie Overbeck  
† Lelia C. Viray  
† Theresa Ho Thi Nguyen  
† Ricardo Ortega  
† Billy Cordova, Sr.

May they rest in the peace of Christ.

### Ladies Guild Rosary

We invite you to join the Ladies Guild in a peaceful prayer rosary every Wednesday at 5:30 pm in the chapel.

If you cannot join us on Wednesday, please remember us and all individuals whose lives we touch that day in your prayers.

### Faith Formation Class Schedule

Class begins with Mass at 6:00 p.m.

Class ends at 7:45

**Wednesday, April 12th, 19th, & 26th  
Sunday, April 9th & 23rd**

## S.H.O.C.K.

Wednesday nights from 6:45-8:30 pm. Around 50 middle & high school youth are coming to the "Upper Room" to have fun & fellowship! All 6th-12th grade youth are invited to join in on the fun. For questions please contact Rebecca at 715-5359 or rebeccahiggins@sbcglobal.net

### DCYC

#### **(Diocesan Catholic Youth Conference)**

On July 7-9, 2017- All teens currently in 8th - 12th grade are invited to register for the DCYC retreat which will be held in Tyler. This is a great weekend for teens to develop in their faith and prayer life while making stronger friendships that will help support them in their faith journey. Early registration is \$130 and opens April until May 14. Hotel, food, and shirt are covered by this cost. Registration cost will increase after May 14.

## Multicultural Festival

The Annual Multicultural Festival will be held on May 6 -7, 2017. It's only a couple of months away. Meetings will be held on April 18, and May 2 in the library from 6:30-7:30 PM.

Volunteers needed! We need volunteers to help in all areas. You can sign up to volunteer or become a chairperson by calling Joy Fuller at 936-462-0005 or emailing her at wjf@suddenlink.net

As always the Silent Auction/Take a Chance is in need of clean, new or like new items. Decorative, antiques, jewelry, small appliances or household items and some "guy stuff" are needed. Items can be left at Margill Hall. Please mark them for Silent Auction." For more information please contact Gloria Durr or Camille Bolinger.

For big items like furniture and appliances call Jackie Cates at 936-564-0539.

Please support your festival with your prayers, time, donations and purchases.

## Reconciliation

Special times are set aside for where both priests will be available for reconciliation:

Wednesday, April 5th from 6:30- 7:45 PM  
(First Confessions)

Monday, April 10th from 6:30- 7:30 PM

Wednesday, April 12th from 6:30- 8:30 PM

Saturday, April 15th from 4:00-5:00 PM

## Interested in Learning about the Catholic Faith?

You are invited to join us on Wednesdays in Margil Center to learn more about the Catholic Faith.

For information contact Meriah Wright, 936-371-1033 or sacredheartnac.com

April 2nd- Third Scrutiny

April 5th-- Meaning of Holy Week

April 9th- Palm Sunday

April 11th- Chrism Mass in Tyler

April 12th- No class/ Holy Week

April 13th- Holy Thursday

April 14th- Good Friday

April 15th- Holy Saturday/Easter Vigil

## Holy Thursday

Thursday, April 13th- Mass of the Lord's Supper will be Bilingual at 6:00 pm.

For washing of the feet- 5 men & 5 women will be needed. Two children will be chosen

## Good Friday

Friday, April 14th- Passion of the Lord & Adoration of the Cross will be at 2 pm in English.

Bilingual Stations will start at 6:00 PM outside on the grounds- Immediately following, Adoration of the Cross in Spanish- (Passion will not be read again since the living stations will be re-enacted)

## Elect & Candidates

On Saturday, April 15th at 10:00 am the preparation for the elect and the candidates will take place in the Mother Church.

## Easter Vigil

April 15th the Easter Vigil will start outside the church at dusk to 8:00 PM.

## Easter

Easter Sunday liturgies will be at 8:30, 10:30 AM in English and at 12:15 PM in Spanish in the main church

## Cursillistas

Reunión los Lunes, Comenzando con la Santa Eucaristía a las 6:00 pm en la librería.

### Cursillo de Mujeres:

Del 18-21 de mayo

### Cursillo de Hombres:

Del 15-18 de junio

### Escuela del fin del mes:

30 de abril

Por favor hablen con la Sra. Carmen Reyes o el Sr. Juan Castro para mas información.

## Festival Multicultural

El festival anual del Multicultural va hacer el 6 y 7 de mayo, 2017. Las juntas serán el 18 de abril, y el 2 de mayo de 6:30pm' 7:30 pm in la librería. Necesitamos voluntarios para ayudar en todas partes. Si esta interesado por favor hable con la Sra. Sara Calderon al 936-645-0770.

## Bautismos en Español

**Bautismos en español:** Las clases pre-bautismales son el **segundo y cuarto viernes** del mes a las 7:00 pm y deben asistir los padres y padrinos.

Es necesario presentar una copia del acta de nacimiento del niño (a). Los padrinos si son esposos, deben de estar casados por la Iglesia o tener fecha para celebrar el matrimonio. Después de los 7 años, los niños (as) deben tener una preparación especial antes del Bautismo (RICA).

**Si no cumplen con alguno de los anteriores requisitos deben hablar personalmente con el sacerdote.**

Los bautismos se celebraran el **primer y tercer sábado** del mes.

Para mayor información comunicarse a la oficina al 936-564-7807, con la Sra. Gricelda Monreal.

## Reconciliación

Se han reservado tiempos especiales donde ambos sacerdotes estarán disponibles para la reconciliación:

Miércoles, 5 de abril de 6:30—7:45 pm

Primer Confesiones

Lunes, 10 de abril de 6:30—7:30 pm

Miércoles, 12 de abril de 6:30—8:30 pm

Sábado, 15 de abril de 4:00—5:00 pm

## Jueves Santo

13 de abril- La Misa de la Cena del Señor será Bilingüe. Para el lavado de los pies necesitaremos cinco hombres y cinco mujeres para inscribirse y dos niños serán elegidos

## Viernes Santo

Viernes, 14 de abril- Pasión del Señor y Adoración de la Cruz serán a las 2 pm en inglés.

Las estaciones bilingües comenzarán a las 6:00 PM afuera- Inmediatamente siguiente, Adoración de la Cruz en español

## Elegidos y Candidatos

El sábado 15 de abril a las 10:00 de la mañana la preparación para los elegidos y los candidatos tendrá lugar en la Madre Iglesia.

## Vigilia Pascual

El 15 de abril la Vigilia Pascual comenzará en las afueras de la iglesia al atardecer hasta las 8:00 PM.

## Domingo de Pascua

Las liturgias del domingo de Pascua serán a las 8:30-10:30 de la mañana en inglés y a las 12:15 pm en español en la iglesia.

## Abril- Mes de Niños Abusados

Abril es el mes nacional de prevención de los niños, cada uno de nosotros puede jugar un papel en la promoción del bienestar social y emocional de los niños y las familias en nuestras comunidades.

Para obtener más información sobre cómo puede estar más informado e involucrado llame a Maria Flores al 903-534-1077 o visite [www.diocedeoftyler.org](http://www.diocedeoftyler.org)

## **Intro to Lent: Why do Catholics have to fast?**

MIKE AQUILINA

"It's medicine for my biggest problem — selfishness and lack of self-control." We had spent a long, soggy weekend in the middle of the woods. And now, Sunday morning, the adults announced that breakfast would be delayed so that the Catholics could keep the Communion fast. He was not a happy camper. His question comes to mind again as Lent begin, because fasting is the most distinguishing practice of the season. On two days in Lent, Ash Wednesday and Good Friday, Catholics limit their eating to one full, meatless meal. On all the Fridays of Lent we abstain from meat.

Why do Catholics fast? Our reasons find firm grounding in the Bible. When we fast, we follow holy example. Moses and Elijah fasted forty days before going into God's presence (Ex 34:28, 1 Kgs 19:8). Anna the Prophetess fasted to prepare herself for the coming of the Messiah (Lk 2:37). They all wanted to see God, and they considered fasting a basic prerequisite. We, too, wish to enter God's presence, so we fast. Jesus fasted (Mt 4:2). And since He needed no purification, He surely did this only to set an example for us. In fact, He assumed that all Christians would follow His example. "When you fast," he said, "do not look gloomy like the hypocrites. They neglect their appearance, so that they may appear to others to be fasting" (Mt 6:16). Note that He did not say "IF you fast," but "when."

And WHEN is now. In Lent the Church extends the idea of fasting, beyond the minimal skipping of meals, to a more far-reaching program of self-denial. Jesus said: "If any man would come after me, let him deny himself...daily" (Lk 9:23). So we "give up" something that we'd ordinarily enjoy: sweets, soda pop, a favorite TV show, or the snooze alarm. Fasting has its health benefits, but it's not the same as dieting. Fasting is something spiritual and far more positive. Fasting is a spiritual feast. It does for the soul what food does for the body. The Bible spells out specific spiritual benefits of fasting. It produces humility (Ps 69:10). It shows our sorrow for our sins (1 Sam 7:6). It clears a path to God (Dan 9:3). It is a means of discerning God's will (Ezr 8:21) and a powerful method of prayer (8:23). It's a mark of true conversion (Jl 2:12).

Fasting helps us to be detached from the things of this world. We fast, not because earthly things are evil, but precisely because they're good. They're God's gifts to us. But they're so good that we sometimes prefer the gifts to the Giver. We practice self-indulgence rather than self-denial. We tend to eat and drink to the point where we forget God. Such indulgence is really a form of idolatry. It's what St. Paul meant when he said, "their god is the belly...with minds set on earthly things" (Phi 3:19). How can we enjoy God's gifts without forgetting the Giver? Fasting is a good way to start. The body wants more than it needs, so we should give it less than it wants.

St. John of the Cross said that we cannot rise up to God if we are bound to the things of this world. So we give up good things, and gradually we grow less dependent on them, less needy. All of this is part of our preparation for heaven. For we're destined to lose our earthly goods anyway. Time, age, illness and "doctor's orders" can take away our taste for chocolate, our ability to enjoy a cold beer, and even the intimate embrace of a loved one. If we have no discipline over our desires, then these losses will leave us bitter and estranged from God.

Continued:

But if we follow Jesus in self-denial, we'll find a more habitual consolation in the ultimate good — God Himself.

How is it that some people are able to remain serene and cheeful amid extreme suffering and even when facing imminent death? It's not just a matter of temperament. They've prepared themselves for the moment by giving up the things of this world, one small thing at a time. They've grown so accustomed to small sacrifice that the big one isn't such a stretch.

No one says that fasting is easy. In fact, says Benedictine Father Thomas Acklin, author of *The Passion of the Lamb: God's Love Poured Out in Jesus*, "Fasting can seem very hard, and it can seem that if I do not eat I will become weak and will not be able to work, or pray, or do anything.

"Yet there is that marvelous moment," he adds, "when, after some hours have passed, my stomach has stopped growling and I've even forgotten what I've given up, when there is a lightness, a freedom, a clarity of the senses and a brightness of attitude and feeling, an incomparable closeness to the Lord." Lent is a special season, but God wants these forty days to have a lasting effect on our lives. So, in a sense, fasting is for always. Father Rene Schatteman, an Opus Dei chaplain in Pittsburgh, says that he received this lesson directly from a canonized saint. "I learned from St. Josemaria Escriva, whom I had the privilege of knowing personally, that a person should make some small sacrifice at each meal, always, and not just during Lent."

Fr. Schatteman emphasizes the importance of little things, and the big effect they can have: "We should all feel the need to help Christ redeem the world by practicing self-denial in everyday, ordinary eating and drinking...to take a bit less, or a bit less of what we like most, to avoid eating between meals, to skip a snack or dessert, etc., without making a big deal of it." A Pittsburgh businessman (who asked for anonymity) told me of his long-time practice of fasting on Fridays, "a 12-15 hour fast from food, water-only." He said, however, that this can be difficult to carry out, not because of the hunger, but because it can disrupt family life. "It's very hard to sit at the family table and not eat. It's not so much a question of resisting the temptation of the food. I always felt like I was breaking fellowship. My fasting actually felt selfish, like I was taking something away from our time together as a family."

He has since modified his fast, "to be broken at the family dinner in the evening." Why do Catholics fast? Our anonymous businessman put it well: "It's medicine for my biggest problem — selfishness and lack of self-control. To force myself to curb my appetites, to not satisfy my desires — even for a short period of time — this is a good thing. To offer up the little sacrifice to God, for my family, for people who are hungry through no choice of their own, this I think is also good."

## PARISH INFORMATION

**Parish Council Members:** Karen Davis (3), Charlie Muckleroy (3), Neal Slaten (3), Rebecca Higgins (2), Billy Huddleston, Jr. (2), Bill Bryan (1), Joy Fuller (1), Veronica Baca (Hispanic Community), Juan Castro (Hispanic Community), Emma Arayata (Fillippino Community) .

\***Ethics:** To report abuse, call Rev. Gavin Vaverek, JCL at 903-266-2159; For more information go to [www.dioceseoftyler.org/Ethics](http://www.dioceseoftyler.org/Ethics). **Local Contact Person:** Jorge Cuarenta, 936-554-8050.

\***Adoration:** Adoration is the 1st Friday of the month, 7:30 AM to 12:30 PM with Benediction in the Little Church of 1847.

\***Baptism Classes:** Baptism Class is held the last Tuesday of the month at 7 pm in the Library and is required for Parents and Godparents. Please call the church office to register for the class or if you have any questions, 564-7807.

**Pre-Registration and a copy of the Birth Certificate are required. Baptisms** are scheduled for the first Saturday of each month following the 5:00 pm Mass.

\***Weddings:** Diocesan policy requires a six-month preparation period. Arrangements must be made with the Pastor or Parochial Vicar before setting a date.

\***New Parishioners:** Welcome! Please introduce yourself to Father after Mass. Registration forms are available on the shelf unit in the vestibule.

\***Hospital Patients and Shut-Ins:** If you know of someone in the hospital or someone who is homebound, please call the office, 564-7807, or one of the priests at 564-7134. If the person is in the hospital, please leave the name of the hospital, the persons name & room number as the hospital cannot give out this information.

\***Loving Hearts:** A Lay Ministry to help with visitation to the homebound, nursing centers & hospitals. Contact Karen Davis, 554-2589 or Carrie Ventura, 554-3414 with information so a time to visit/Holy Eucharist can be arranged.

\***Corazones Amorosos** - Si tienen miembros de la familia en el hospital o en casa, y no pueden venir a misa, llamen Joan McNett, 936-645-0794 o Veronica Baca, 936-556-8638. Si gustarian participar en el ministro y visitar a los ancianos o los enfermos en casa o hospital llamen a Joan o Veronica.

\***Third Age Club:** Meets 2nd Wednesday of the month at 12 Noon in Margil Center, President: Phil Eby, (936) 715-0053

\***Ladies Guild:** Meets the 3rd Monday of the month at 7pm in the Library. **President:** Kathy McMillen, (936) 585-0680

\***Teams of Our Lady:** Married couples prayer group & book study. Contact Rebecca Higgins, (936) 715-5359

\***Knights of Columbus Council** meets the second Tuesday of the month at 7:30 pm in Margil; **4th Degree** meets the third Wednesday of the month at 7 pm in Margil Center: **Grand Knight:** Steve McMillen - (936) 371-3313

\***Prayer Line:** Anne Derfus, 564-0419 or email to: [annederfus@att.net](mailto:annederfus@att.net)

\***SHOCK:** High school & middle school youth meet Wednesdays from 6:45-8:30pm in gym. Rebecca Higgins 715-5359

\***Bulletin Deadline** is 11 am on Wednesday

**CHURCH NAME AND ADDRESS**

Sacred Heart Church #515115  
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